

# Cleveland County Resource Guide



Cleveland County Public Health Center  
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Shelby, NC 28152  
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[www.clevelandcounty.com/cchd](http://www.clevelandcounty.com/cchd)



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**Cleveland County**  
NORTH CAROLINA



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El centro de Salud Pública del Condado de Cleveland cumple con Las Leyes Federales de Derechos Civiles aplicables y en la participación de los servicios sin la distinción de raza, color, origen, nacional, genero, edad, orientación sexual o discapacidad.

The Cleveland County Center ທາລະນະສຸກປະຕິບັດຕາມສາມາດນຳໃຊ້ລັດຖະບານກາງ  
Civilກົດຫມາຍສິດທິແລະການມີສ່ວນຮ່ວມໃນການບໍລິການໂດຍບໍ່ມີການກ່ຽງ ວັກບເຊື້ອຊາດ, ສີຜິວ, ຊາດກຳເນີດ, ສາສະໜາ, ບົດບາດຍິງຊາຍ, ອາຍຸສູງສຸດ, ປະຖົມນິເທດທາງເພດຫຼືຄວາມພິການ.

## Disclaimer

This resource guide is intended to provide information about a variety of resources in Cleveland County, North Carolina in regard to nutrition, physical activity, prescription drugs, transportation and the provision of primary care. The information presented was collected from a variety of resources available to the staff of the Cleveland County Health Department. The inclusion of any organization, agency, service or program does not imply an endorsement or recommendation nor does exclusion imply disapproval. The guide is intended to serve as a starting point or baseline for the identification of services that an individual might need. Individuals should rely on their needs and perceptions in choosing services to access.

Esta guía de recursos tiene como objetivo brindar información sobre una variedad de recursos en el condado de Cleveland, Carolina del Norte, con respecto a la nutrición, la actividad física, los medicamentos recetados, el transporte y la provisión de atención primaria. La información presentada se recopiló de una variedad de recursos disponibles para el personal del Departamento de Salud del Condado de Cleveland. La inclusión de cualquier organización, agencia, servicio o programa no implica respaldo o recomendación, ni la exclusión implica desaprobación. La guía está destinada a servir como punto de partida o línea de base para la identificación de los servicios que un individuo podría necesitar. Las personas deberían basarse en sus necesidades y percepciones al elegir los servicios a los que acceder.

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## Food Assistance programs

Name	Contact Information	Other
Cleveland County Kitchen	<p>Phone Number: (704) 482-4365 Address: 130 S Post Road, Suite 1 Shelby, NC 28152</p> <p>Website: <a href="https://cleveland.ces.ncsu.edu/2020/09/https-cleveland-ces-ncsu-edu-cleveland-county-kitchen/">https://cleveland.ces.ncsu.edu/2020/09/https-cleveland-ces-ncsu-edu-cleveland-county-kitchen/</a> or <a href="https://cleveland.ces.ncsu.edu/">https://cleveland.ces.ncsu.edu/</a></p> <p>Days &amp; Times: Monday – Friday 8am-5pm</p>	<p>Cleveland County Kitchen is a collaboration between N.C. Cooperative Extension and Cleveland Community College to showcase local farmers and local foods. A monthly cable television show takes a featured product from farm to table. A research-based companion fact sheet helps consumers learn about the nutritional value and how to prepare each product. They also learn the importance of eating more fruits and vegetables and how to incorporate these and other nutritious products into delicious, nutritious meals for better health. Our goal is to educate citizens from Cleveland County and beyond about the importance of local foods to our economy, health, environment, and quality of life. For more information, please call Nancy Abasiekong, Extension Agent Family &amp; Consumer Sciences, at N.C. Cooperative Extension, Cleveland County Center at 704-482-4365 or visit their website.</p>
Cleveland County Schools Nutrition Service	<p>Phone Number: (704) 476-8126 Address: 400 West Marion Street Shelby, NC 28150</p> <p>Website: <a href="https://www.clevelandcountynutrition.org/">https://www.clevelandcountynutrition.org/</a> Facebook: <a href="https://www.facebook.com/clevelandcountyschools">https://www.facebook.com/clevelandcountyschools</a></p>	<p>Cleveland County Schools Nutrition Services offer free and reduced lunch for students attending school. On their website, they have nutritional videos and links for students or parents to learn about the importance of nutrition in children.</p>
Common Ground Café	<p>Phone Number: (704) 981-0991 Address: 232 South Lafayette Street, Suite E Shelby, NC 28150</p> <p>Website: <a href="https://www.commongroundcafenc.org">https://www.commongroundcafenc.org</a> Facebook: <a href="https://www.facebook.com/CommonGroundCafeShelby/">https://www.facebook.com/CommonGroundCafeShelby/</a></p> <p>*** Call for Current Schedule</p>	<p>Common Ground Café is a nonprofit volunteer-based organization that addresses food insecurity by providing nutritious and delicious meals through a donate-what-you-can restaurant model. Currently, they are in process of gaining access to space for regular service. To volunteer, call the number or fill out the form on the website.</p>
Cleveland County Food and Nutrition Services (EBT/SNAP)	<p>Phone Number: (704) 487-0661 Address: 130 South Post Road Shelby, NC 28152</p> <p>Website: <a href="https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps">https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps</a></p>	<p>Cleveland County Food and Nutrition Services is a federal assistance program that provides low-income families the food they need for a nutritionally adequate diet. Benefits are issued via Electronic Benefit Transfer cards (EBT). To apply, contact Cleveland County Department of Social Services (DSS) offices, fill out an online application and mail or drop is off at Cleveland County DSS, or apply online at <a href="https://epass.nc.gov/">https://epass.nc.gov/</a></p>
Feeding Kids Cleveland County	<p>Phone Number: (704) 692-1079 Email: <a href="mailto:info@feedingkidscc.org">info@feedingkidscc.org</a> Website: <a href="http://www.feedingkidscc.org/">http://www.feedingkidscc.org/</a></p>	<p>Feeding Kids Cleveland County works with school social workers who identify students in need. They deliver food and books to the homes for the families that have given them permission to so do. Feeding</p>

		<p>Kids Cleveland County uses volunteers to deliver to the homes of the social worker-identified families for each school break, as well as once each month of the summer break. They provide around 50 weekend food bags to 3 Cleveland County Schools. Each year, the day before Thanksgiving, Feeding Kids organizes a Community Table Thanksgiving Meal at 4 different locations in high need areas.</p>
<p>Women, Infants, and Children (WIC)</p>	<p>Phone Number: (980) 484-5170  Address:  Website:  <a href="https://www.clevelandcounty.com/main/departments/wic_nutrition_program.php">https://www.clevelandcounty.com/main/departments/wic_nutrition_program.php</a>  Days &amp; Times:  Monday – Friday 8:30am – 4pm</p>	<p>The Special Supplemental Nutrition program for Women, Infants, and Children – better known as the WIC program – serves to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. The Cleveland County Health Department WIC Program provides nutrition education and free supplemental food to low income pregnant, post-partum, and breastfeeding mothers as well as families with children under five years of age. Participants are screened to determine that they are at a nutritional risk.</p>

## Food Pantry

Name	Contact Information	Days & Times	Other
Boiling Springs Baptist	Phone Number: (704) 434-6244 Address: 307 S. Main Street Shelby, NC 28152 Website: <a href="https://www.boilingspringsbaptist.org/">https://www.boilingspringsbaptist.org/</a> Facebook: <a href="https://www.facebook.com/bsbcnc/">https://www.facebook.com/bsbcnc/</a>	Tuesday and Wednesday 9:00am - 11:00am	Limit 1 time per month/when needed - fill out contact information
Calvary Baptist Church	Phone Number: (704) 482-8302 Address: 320 Old Boiling Springs Road Shelby, NC 28152 Website: <a href="https://www.visitcalvaryonline.com/">https://www.visitcalvaryonline.com/</a> Facebook: <a href="http://facebook.com/CalvaryShelby/">http://facebook.com/CalvaryShelby/</a>	2nd and 4th Thursday of the month 4:00pm - 5:00pm	
Central United Methodist Church, Shelby	Phone Number: (704) 487-6336 Address: 200 E Marion Street Shelby, NC 28150 Website: <a href="https://cumcshelby.org/">https://cumcshelby.org/</a> Facebook: <a href="https://www.facebook.com/cumcshelby">https://www.facebook.com/cumcshelby</a>	Saturday 10:30am - 11:30am	Provide bagged groceries from Food Lion and Walmart
Central United Methodist Church, Kings Mountain	Phone Number: (704) 739-2471 Address: 113 S. Piedmont Avenue Kings Mountain, NC 28086 Website: <a href="https://cumckm.org/">https://cumckm.org/</a> Facebook: <a href="https://www.facebook.com/cumckmnc">https://www.facebook.com/cumckmnc</a>	Thursdays 3:00pm - 4:30pm	Pick up groceries - fill out application to determine # of bags - CC residents - 1st come 1st serve
Episcopal Church of the Redeemer	Phone Number: (704) 487-5404 Address: 502 W. Sumter Street Shelby, NC 28150 Website: <a href="https://www.redeemershelby.com/worship">https://www.redeemershelby.com/worship</a> Facebook: <a href="https://www.facebook.com/redeemershelby">https://www.facebook.com/redeemershelby</a>	Wednesday 4:00pm - 6:00pm	Distribution boxes - individual has to be there to receive box - follow signs in parking lot for line
Fallston Baptist Church	Phone Number: (704) 538-7161 Address: 109 Circle Drive Fallston, NC 28042 Website: <a href="https://www.fallstonbaptistchurch.com">https://www.fallstonbaptistchurch.com</a> Facebook: <a href="https://www.facebook.com/pages/Fallston-Baptist-Church/117055278354677">https://www.facebook.com/pages/Fallston-Baptist-Church/117055278354677</a>	Monday - Wednesday 10:00am - 11:30am	Serve upper end of the county (mainly Fallston area) - grab a bag to go
First Baptist Church Lawndale	Phone Number: (704) 538-9429 Address: 129 Douglas Street Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/1stbaplawndale/">https://www.facebook.com/1stbaplawndale/</a>	Every other Saturday 10:00am - 12:00pm	Call Monday - Thursday by 5:00pm to put name on the list
Flint Hill Baptist Church	Phone Number: (704) 434-9517 Address: 2207 Flint Hill Church Road Shelby, NC 28152 Website: <a href="https://flinthillbaptist.org/">https://flinthillbaptist.org/</a> Facebook: <a href="https://www.facebook.com/Flint-Hill-Baptist-Church-375928642510738/">https://www.facebook.com/Flint-Hill-Baptist-Church-375928642510738/</a>	Monday 1:00pm - 3:00pm	

Friendship United Methodist Church	Phone Number: (704) 538-9270 Address: 111 Friendship Drive Fallston, NC 28042 Website: <a href="https://friendshipchurchfallston.org/">https://friendshipchurchfallston.org/</a> Facebook: <a href="https://www.facebook.com/Friendship-United-Methodist-Church-Fallston-101720495700609/">https://www.facebook.com/Friendship-United-Methodist-Church-Fallston-101720495700609/</a>	Sunday - Saturday 24/7	Blessings box - box outside and you are able to get what you need out of it
Greater Cleveland County Baptist Association	Phone Number: (704) 482-3472 Address: 1175 Wyke Road Shelby, NC 28150 Website: <a href="http://gccba.org/">http://gccba.org/</a> Facebook: <a href="https://www.facebook.com/GCCBAShelby">https://www.facebook.com/GCCBAShelby</a>	Monday - Thursday 8:00am - 5:00pm	Call for appointment - 1 family every 4 months
Hopper's Chapel	Phone Number: (704) 487-0110 Address: 415 W. Graham Street Shelby, NC 28150 Website: <a href="https://hbcshelby.org/food-clothing-ministry/">https://hbcshelby.org/food-clothing-ministry/</a> Facebook: <a href="https://www.facebook.com/Hoppers-Chapel-Baptist-Church-801102829954936/">https://www.facebook.com/Hoppers-Chapel-Baptist-Church-801102829954936/</a>	2nd and 4th Wednesday 10:30 am- 12:00pm	Food and clothing ministry, mission is to meet the emergency needs of individuals and families.
Kings Mountain Crisis Ministry	Phone Number: (704) 739-7256 Address: 208 N. Cleveland Avenue Kings Mountain, NC 28086 Website: <a href="https://www.kmcrisisministry.org/">https://www.kmcrisisministry.org/</a> Facebook: <a href="https://www.facebook.com/KMCrisisMinistry">https://www.facebook.com/KMCrisisMinistry</a>	Monday, Wednesday, Thursday, Friday 10:00am - 1:00pm	Call ahead to answer questions Phone Number: (# in home, age, address, income, receive food stamps)
Leona Neal Senior Center	Phone Number: (704) 482-3488 Address: 100 T R Harris Drive Shelby, NC 28150 Website: <a href="https://www.nealseniorcenter.org/">https://www.nealseniorcenter.org/</a> Facebook: <a href="https://www.facebook.com/pages/Leona-Neal-Senior-Center/1047420071955372">https://www.facebook.com/pages/Leona-Neal-Senior-Center/1047420071955372</a>	Monday - Thursday 10:00am - 1:00pm	Age 50+ - live in Cleveland County - come every 30 days by appointment
Mary's Grove United Methodist	Phone Number: (704) 286-6262 Address: 1223 Mary's Grove Church Road Kings Mountain, NC 28086 Facebook: <a href="https://www.facebook.com/Marys-Grove-UMC-242074809155967/">https://www.facebook.com/Marys-Grove-UMC-242074809155967/</a>	Wednesday 4:00pm - 5:00pm	Canned dry foods always available, you must call or message to order bread, milk and eggs by Tuesday. Do not stock perishables but will fill call ahead or message orders if possible.
Patrick Senior Center	Phone Number: (704) 734-0447 Address: 909 E. Kings Street Kings Mountain, NC 28086 Website: <a href="https://www.cityofkm.com/213/Senior-Center">https://www.cityofkm.com/213/Senior-Center</a> Facebook: <a href="https://www.facebook.com/PatrickSeniorCenter/">https://www.facebook.com/PatrickSeniorCenter/</a>	3rd Wednesday of the month 1:00pm - 2:30pm	Age 55+ - call ahead to register



Pleasant Ridge Baptist Church	Phone Number: (704) 434-6431 Address: 198 Pleasant Ridge Church Road Shelby, NC 28152 Website: <a href="https://www.prbcshelby.org/">https://www.prbcshelby.org/</a> Facebook: <a href="https://www.facebook.com/PRBCShelby">https://www.facebook.com/PRBCShelby</a>	2nd & 4th Thursday of the month 9:00am - 11:00am	
Salvation Army	Phone Number: (704) 482-0375 Address: 305 N. Lafayette Street Shelby, NC 28150 Website: <a href="https://www.salvationarmycarolinas.org/shelby/home/">https://www.salvationarmycarolinas.org/shelby/home/</a> Facebook: <a href="https://www.facebook.com/SalArmyShelbyNC/">https://www.facebook.com/SalArmyShelbyNC/</a>	Monday - Thursday 1:00pm - 3:00pm	Receive 1 time weekly, operating under 2nd Harvest COVID mandate - no ID or CC resident require, but prefer residents
Shelby Presbyterian	Phone Number: (704) 487-8503 Address: 226 East Graham Street Shelby, NC 28150 Website: <a href="http://www.shelbypres.org/">http://www.shelbypres.org/</a> Facebook: <a href="https://www.facebook.com/shelbypres/">https://www.facebook.com/shelbypres/</a>	Tuesday 9:00am - 10:00am	Provides free lunch
U-CAN	Phone Number: (704) 538-8417 Address: 230 E. Main Street Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/upperlevelandareaneeds">https://www.facebook.com/upperlevelandareaneeds</a>	Thursday 9:00am - 12:00pm	By appointment
Walls Memorial Baptist Church	Phone Number: (704) 484-3433 Address: 2223 Elizabeth Avenue Shelby, NC 28150 Facebook: <a href="https://www.facebook.com/wallsmemorialbaptistchurchofshelby/">https://www.facebook.com/wallsmemorialbaptistchurchofshelby/</a>		Call for updates
Washington Outreach Ministry	Phone Number: (704) 769-4128 Address: 2007 Capernium Road Cherryville, NC 28021 Website: <a href="http://www.washingtonoutreachministryinc.org/">http://www.washingtonoutreachministryinc.org/</a> Facebook: <a href="https://www.facebook.com/washingtonoutreachministry/">https://www.facebook.com/washingtonoutreachministry/</a>	Every other Friday 9:00am - 12:00pm	Summer camp for children M-F, 8- 4, 2 meals (breakfast & lunch), June 13 - August 12 - summer feeding program is through the summer camp - no Wednesday distribution because of summer camp - soup kitchen on distribution day
Zoar Baptist Church	Phone Number: (704) 482-4151 Address: 1740 S. Lafayette Street Shelby, NC 28152 Website: <a href="http://zoarchurch.com/">http://zoarchurch.com/</a> Facebook: <a href="https://www.facebook.com/ZoarChurch">https://www.facebook.com/ZoarChurch</a>	Wednesday - Friday 9:00am - 2:00pm	Form with name, address, number serving, work, vehicle for transportation

## Hot Lunch Programs

Name	Contact Information	Days & Times	Other
Central United Methodist Church, Shelby	Phone Number: (704) 487-6336 Address: 200 East Marion Street Shelby, NC 28150 Website: <a href="https://cumcshelby.org/">https://cumcshelby.org/</a> Facebook: <a href="https://www.facebook.com/cumcshelby">https://www.facebook.com/cumcshelby</a>	Saturday 10:30am - 11:30am	Hot meals to go- walk-ins welcome
Episcopal Church of the Redeemer	Phone Number: (704) 487-5404 Address: 502 W. Sumter Street Shelby, NC 28150 Website: <a href="https://www.redeemershelby.com/worship">https://www.redeemershelby.com/worship</a> Facebook: <a href="https://www.facebook.com/redeemershelby">https://www.facebook.com/redeemershelby</a>	Wednesday 11:30am - 1:00pm	Give hot lunches for # of individuals in car - if there is a homebound, will make exception
First Baptist Church of Shelby	Phone Number: (704) 482-3467 Address: 120 N. Lafayette Street Shelby, NC 28150 Website: <a href="https://fbcsbelby.org/">https://fbcsbelby.org/</a> Facebook: <a href="https://www.facebook.com/FBCShelby/">https://www.facebook.com/FBCShelby/</a>	Friday 12:30pm - 1:00pm	N/A
Friendship United Methodist Church	Phone Number: (704) 538-9270 Address: 111 Friendship Drive Fallston, NC 28042 Website: <a href="https://friendshipchurchfallston.org/">https://friendshipchurchfallston.org/</a> Facebook: <a href="https://www.facebook.com/Friendship-United-Methodist-Church-Fallston-101720495700609/">https://www.facebook.com/Friendship-United-Methodist-Church-Fallston-101720495700609/</a>		Currently not doing
Washington Missionary Baptist Church	Phone Number: (704) 435-3138 Address: 1920 Stoney Point Road Shelby, NC 28150 Website: <a href="http://www.washingtonmbc.org/index.html">http://www.washingtonmbc.org/index.html</a> Facebook: <a href="https://www.facebook.com/Washington-Missionary-Baptist-Church-209636772432274/">https://www.facebook.com/Washington-Missionary-Baptist-Church-209636772432274/</a>		Currently not doing, have to update kitchen & they have talked about opening up again but not certain when

## Fresh Fruits & Vegetables

Name	Contact Information	Days & Weeks	Availability
Davis & Son Orchard -Lincoln Co	Phone Number: (704) 276-2647 Address: 922 N Hwy 18 Lawndale, NC 28090 Email: <a href="mailto:itis.aland@gmail.com">itis.aland@gmail.com</a> Website: <a href="https://www.davisandsonorchard.com/">https://www.davisandsonorchard.com/</a> Facebook: <a href="https://www.facebook.com/Davis-Son-Orchard-Produce-419318314762554/">https://www.facebook.com/Davis-Son-Orchard-Produce-419318314762554/</a>	Monday - Saturday 9:00am -5:30pm	Apple Cider, Apples, Blackberries, Blueberries, Cantaloupe, Muscadine, Peaches, Peppers, Pumpkins, Tomatoes, Vegetables, Watermelons
Webb's Orchard -Lincoln Co	Phone Number: (704) 276-1654 Other: (704) 473-5022 Address: 1110 North Hwy 18 Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/pages/category/Farm/Webbs-Orchard-215136458497103/">https://www.facebook.com/pages/category/Farm/Webbs-Orchard-215136458497103/</a>	June 1 - September 30; Sunday-Saturday 8am - 7pm	Cantaloupe, Cucumbers, Honey, Jams, Jellies, Peaches, Squash, Tomatoes
After Hours Farms	Phone Number: (704) 538-7069 Facebook: <a href="https://www.facebook.com/After-Hours-Farms-1501579403410715">https://www.facebook.com/After-Hours-Farms-1501579403410715</a>		Annuals, Asparagus, Barley, Basil, Beans - Variety, Blackberries, Blueberries, Broccoli, Cabbage, Cantaloupe, Cherry Tomatoes, Colored Flesh Watermelons, Corn, Cucumbers, Greenhouse Vegetables, Hay, Leafy Greens - lettuce, kale, mustard greens, bib lettuce, micro greens, Oats, Okra, Onions, Potatoes, Pumpkins, Rye, Sorghum, Soybeans, Squash, Squash - Yellow, Strawberries, Sweet Corn, Sweet Potatoes, Tomatoes, Watermelons, Wheat, Zucchini

\*\*\* Source: NC Farm Fresh <https://www.ncfarmfresh.com/farms.asp>

\*\*\* Source: Got to Be NC [https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter\\_results=Search](https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter_results=Search)

Beamsdale Farm	Phone Number: (704) 472-4820 Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/pages/category/Farm/Beamsdale-Farm-Est-1950-2161300810584691/">https://www.facebook.com/pages/category/Farm/Beamsdale-Farm-Est-1950-2161300810584691/</a>		Apples, Blackberries, Cantaloupe, Carrots, Collard Greens, Cucumbers, Leafy Greens - lettuce, kale, mustard greens, Melons, Okra, Onions, Pears, Peppers, Raspberries, Spinach, Squash, Tomatoes, Watermelons, Zucchini
Bridges Produce	Phone Number: (704) 692-2276 Facebook: <a href="https://www.facebook.com/Bridges-Produce-LLC-104577568484020/?ref=page_internal">https://www.facebook.com/Bridges-Produce-LLC-104577568484020/?ref=page_internal</a>		Cantaloupe, Cucumbers, Okra, Peas, Squash, Sweet Corn, Watermelons, Zucchini
Buffalo Creek Farm	Phone Number: (704) 538-3544 Address: 131 Morningstar Lane Lawndale, NC 28090	Call for Hours	Blueberries, Grapes, Eggs, Jams, Jellies, Organic Fruit/Vegetables
Clineland Strawberries	Phone Number: (704) 477-7104 Address: 2784 Clineland Road Cherryville, NC 28021 Facebook: <a href="https://www.facebook.com/Clineland-Strawberries-109873667361001/">https://www.facebook.com/Clineland-Strawberries-109873667361001/</a>	Sunday 1pm - 5pm, Monday - Saturday 8am - 5pm	Honey, Jams, Strawberries, Picnic Facility
Faith Farms Inc.	Shelby, NC 28150 Website: <a href="https://wishfarms.com/our-growers/faith-farms/">https://wishfarms.com/our-growers/faith-farms/</a>		Blackberries
Greene Family Farm	Phone Number: (704) 477-5248 Address: 202 Pleasant Ridge Road Shelby, NC 28152 Email: <a href="mailto:greenefamilyfarm@gmail.com">greenefamilyfarm@gmail.com</a> Website: <a href="#">Greene Family Farm</a> Facebook: <a href="#">Greene Family Farm   Facebook</a>	*** Call for availability - Farmers Market Saturday 8am - Noon	Collards, Jams, Jellies, Vegetables, Greens, Breads, Cookies
Hamricks's Produce	Phone Number: (704) 480-0905 Address: 314 S. Post Road Shelby, NC 28152 Facebook: <a href="https://www.facebook.com/Hamricks-Produce-188442894503652/">https://www.facebook.com/Hamricks-Produce-188442894503652/</a>	Monday - Saturday 9am - 6pm	Apple Butter, Asparagus, Beans, Broccoli, Cabbage, Cantaloupe, Collards, Corn, Cucumbers, Eggplant, Greens, Honey, Jams, Jellies, Peaches, Peppers, Potatoes, Pumpkins, Squash, Sweet Potatoes, Tomatoes, Vegetables, Zucchini

\*\*\* Source: NC Farm Fresh <https://www.ncfarmfresh.com/farms.asp>

\*\*\* Source: Got to Be NC [https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter\\_results=Search](https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter_results=Search)

JBroadus Farms	Address: 817 Casar Lawndale Road Lawndale, NC 28090	7 days a week, 8am – dark, Spring - Fall	Tomatoes, Cantaloupe, Strawberries, Squash, Zucchini, Okra, Corn
Knob Creek Orchard and Creamery	Phone Number: (704) 538-1405 Address: 6417 Fallston Road Lawndale, NC 28090 Email: <a href="mailto:knobcreekorchards@gmail.com">knobcreekorchards@gmail.com</a> Website: <a href="https://www.knobcreekorchards.com">https://www.knobcreekorchards.com</a> Facebook: <a href="https://www.facebook.com/knobcreekorchardsandcreamery/">https://www.facebook.com/knobcreekorchardsandcreamery/</a>	Sunday 12:30pm - 7pm Monday - Friday 9am - 6pm Saturday 10am - 6pm	Strawberries, Peaches, Apples, Blackberries, Cantaloupe, Muscadine, Nectarines, Pumpkins, Tomatoes, Watermelons. Homemade Ice Cream, Gift Shop
Lattimore Farms	Phone Number: (704) 434-7190 Address: 318 Peachtree Road Shelby, NC 28150	Late April – early June Sunday 1:30pm- 6pm, Monday – Saturday 8:30am - dark	Strawberries
Lewis Farms	Phone Number: (704) 472-0940 Other: (704) 538-9397 Address: 5120 Fallston Road Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/Lewis-Farms-106175411023897/">https://www.facebook.com/Lewis-Farms-106175411023897/</a>	April - October Wednesday 8am - 1pm, Saturday 10am - 4pm	Cantaloupe, Cucumbers, Gourds, Greens, Onions, Peaches, Peppers, Potatoes, Pumpkins, Squash, Sweet Potatoes, Tomatoes, Watermelons
Lineberger's Killdeer Farm	Phone Number: (704) 739-1591 Address: 300 Goforth Road Kings Mountain, NC 28086		Blackberries, Grapes, Muscadine
Mountain View Farms	Phone Number: (704) 739-5528 Address: 1811 Shelly Road Kings Mountain, NC 28086	Sunday Noon - 7pm, Monday - Friday 9am - 7pm	Apples, Peaches, Fresh Vegetables
Natures Healthy Harvest	Phone Number: (704) 466-1998 Address: 124 Charlie Randall Road Lawndale, NC 28090		Hydroponic Vegetables, Organic Crops - Organic Wheatgrass
Old Home Market	Phone Number: (704) 739-2303 Address: 4943 E. Dixon Blvd Kings Mountain, NC 28086	June - October; Monday - Saturday 9am - 6pm	Beans, Cabbage, Cantaloupe, Cucumbers, Greens, Onions, Peppers, Potatoes, Pumpkins, Squash, Sweet Potatoes, Tomatoes, Watermelons

\*\*\* Source: NC Farm Fresh <https://www.ncfarmfresh.com/farms.asp>

\*\*\* Source: Got to Be NC [https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter\\_results=Search](https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter_results=Search)

Rhodesdale Farm	Phone Number: (704) 734-0420 Address: 1811 Shelby Road Kings Mountain, NC 28086 Website: <a href="http://rhodesdale-farm.hub.biz/">http://rhodesdale-farm.hub.biz/</a> Facebook: <a href="https://www.facebook.com/rhodesdale.farm.market/">https://www.facebook.com/rhodesdale.farm.market/</a>	Monday - Saturday 10am - 5:30pm	Asparagus, Beans, Blueberries, Jams, Jellies, Muscadine, Peaches, Pecans, Sweet Potatoes, Tomatoes, Watermelon, Okra
Rise N Shine Farms, LLC	Phone Number: (704) 692-0005 Address: 215 Turner Road Casar, NC 28020	Monday-Friday 10am-6pm, Saturday 8am-Noon	Beans, Collards, Corn, Cucumbers, Greens, Muscadine, onions, Peppers, Squash, Tomatoes, Watermelons, Lettuce, Peas, Turnips, Radish
Two Wives Vineyard	Phone Number: (704) 538-0320 Address: 6429 Fallston Road	July 1 – October 31; Sunday 11am – 6pm, Monday-Saturday 8am-6pm	Beans, Cantaloupe, Cucumbers, Jams, Jellies, Muscadine, Scuppernong Grapes, Squash, Tomatoes, Watermelons, Okra, Field Peas
Walker Farms	Phone Number: (7004) 472-4865 Other: (704) 482-0588 Home: (704) 538-9979 Address: 1210 Casar Lawndale Road Lawndale, NC 28090 Email: <a href="mailto:walkerfarms.casar@gmail.com">walkerfarms.casar@gmail.com</a>	May - October; Tuesday - Friday 12pm - 6pm, Saturday 8:30am - 4:30pm	Cantaloupe, Cucumbers, Greens, Honey, Peaches, Peppers, Squash, Tomatoes, Watermelons, Okra, Peas, Turnips

Foothills Farmers Market	Phone Number: 704-470-7603 Address: 130 S. Post Road, Suite 1 Shelby, NC 28152 Email: <a href="mailto:info@foothillsfarmersmarket.com">info@foothillsfarmersmarket.com</a> Website: <a href="https://foothillsfarmersmarket.com/">https://foothillsfarmersmarket.com/</a>	Saturday Bobby Bell Pavilion 126 W. Marion Street, Shelby, NC 28150 April – October 8am – 12pm November - March 9am – 12pm  Tuesday Atrium Health Cleveland 201 E. Grover Street. Shelby, NC 28150 June – August 10am – 1pm  Wednesday Bobby Bell Pavilion 126 W. Marion Street, Shelby, NC 28150 June – August 8am – 12pm
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\*\*\* Source: NC Farm Fresh <https://www.ncfarmfresh.com/farms.asp>

\*\*\* Source: Got to Be NC

[https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter\\_results=Search](https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter_results=Search)



## Meat & Dairy

Name	Contact Information	Days & Times	Available
4J Cattle	Shelby, NC 28150 Facebook: <a href="https://www.facebook.com/groups/1751953588160815/">https://www.facebook.com/groups/1751953588160815/</a>		Beef, Beef Cattle, Pork, Swine
After Hours Farms	Phone Number: (704) 538-7095 Facebook: <a href="https://www.facebook.com/After-Hours-Farms-1501579403410715">https://www.facebook.com/After-Hours-Farms-1501579403410715</a>		Beef Cattle, Dairy Cattle
Beam Family Farms	Lawndale, NC 98090 <a href="http://beamfamilyfarms.com">http://beamfamilyfarms.com</a>		Beef, Beef Cattle, Meat Goats, Pork, Swine
Beamsdale Farm	Lawndale, NC 28090 <a href="https://www.facebook.com/pages/category/Farm/Beamsdale-Farm-Est-1950-2161300810584691/">https://www.facebook.com/pages/category/Farm/Beamsdale-Farm-Est-1950-2161300810584691/</a>		Beef Cattle, Eggs, Goat Milk, Chicken
South Mountain Farms	Phone Number: (704) 538-9050 Address: 351 Flat Rock Road Lawndale, NC 28090 Facebook: <a href="https://www.facebook.com/pages/South-Mountain-Farms/146222685422591">https://www.facebook.com/pages/South-Mountain-Farms/146222685422591</a>		Beef, Cheese, Chicken, Pork, Turkey
Martins' Charolais Farm	Phone Number: (704) 472-1885 Address: 4408 Fallston Road Shelby, NC 28150 Facebook: <a href="https://www.facebook.com/pages/category/Farm/Martins-Charolais-Farm-322640271080931/">https://www.facebook.com/pages/category/Farm/Martins-Charolais-Farm-322640271080931/</a>	Monday - Saturday 8am - 6pm	Beef
SonRidge Farm	Phone Number: (704) 734-0809 Address: 246 Wright Road Kings Mountain, NC 28086 Website: <a href="https://www.sonridgefarm.com/">https://www.sonridgefarm.com/</a>	By Appointment - most weekdays & Saturdays	Eggs (Free Range), Honey, Beeswax Products (Salves & Lip Balm), Goats Milk Soap, Tours

\*\*\* Source: NC Farm Fresh <https://www.ncfarmfresh.com/farms.asp>

\*\*\* Source: Got to Be NC [https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter\\_results=Search](https://gottobenc.com/find-local/growersproducers/?filter=yes&member-category=growersproducers&city=&county=Cleveland&keyword=&filter_results=Search)

## Physical Activity Resource Guide

Name	Contact Information	Other
Broad River Greenway	Phone Number: (704) 434-0040 Address: 126 Broad River Drive Shelby, NC 28152 Website: <a href="https://www.broadrivergreenway.com">https://www.broadrivergreenway.com</a>	The 1500 acre Greenway has 15 miles of natural surface trail and is a great place to ride, hike or picnic.
City of Shelby Parks and Recreation	Phone Number: (704) 484-6821 Address: 850 West Sumter Street Shelby, NC 28150 Website: <a href="https://www.cityofshelby.com/departments/parks-and-recreation">https://www.cityofshelby.com/departments/parks-and-recreation</a>	Pickle ball Courts, Outdoor Pool, Softball and baseball Fields, Gym, Playground, Outdoor Walking Track
Cleveland Community College	Phone Number: (704) 669-6000 Address: 137 S. Post Road Shelby, NC 28152 Website: <a href="https://clevelandcc.edu/">https://clevelandcc.edu/</a>	Cleveland Community College offers an indoor walking track and basketball court.
Cleveland County Health Department	Phone Number: (980) 484-5100 Address: 200 S. Post Road Shelby, NC 28152 Website: <a href="https://www.clevelandcountyhdc.com/">https://www.clevelandcountyhdc.com/</a>	Cleveland County Health Department has paved sidewalk that goes around the building for walking.
Cleveland County Schools	Phone Number: (704) 476-8000 Address: 400 W. Marion Street Shelby, NC 28150 Website: <a href="https://www.clevelandcountyschools.org">https://www.clevelandcountyschools.org</a>	Middle schools have walking tracks and elementary schools have a playground and walking track. Please contact individual school for access.
Cleveland Mall	Phone Number: (704) 484-5496 Address: 2001 E. Dixon Boulevard Shelby, NC 28152 Website: <a href="https://www.shopclevelandmall.com/">https://www.shopclevelandmall.com/</a>	Cleveland Mall offers indoor walking around the facility.
First Broad River Trail/Carolina Thread Trail	Phone Number: (704) 484-4772 Website: <a href="https://www.carolinathreadtrailmap.org/trails/trail/first-broad-river-trail">https://www.carolinathreadtrailmap.org/trails/trail/first-broad-river-trail</a>	The First Broad River Trail is a natural surface trail that follows the First Broad River.
Gardner-Webb University	Phone Number: (704) 406-4000 Address: 110 S. Main Street Boiling Springs, NC 28017 Website: <a href="https://gardner-webb.edu/">https://gardner-webb.edu/</a>	Gardner Webb has a ball fields, football field, track, swimming pool, tennis courts, soccer fields, basketball gym, inside walking track and an outdoor walking track.
H. Lawrence Patrick Senior Center	Address: 909 East King Street Kings Mountain, NC 28086	Patrick Senior Center has an outside walking track.
Kings Mountain Gateway Trail and Downtown Connector	Phone Number: (704) 739-9663 Address: 807 South Battleground Avenue Kings Mountain, NC 28086 Website: <a href="https://kmgatewaytrails.org/">https://kmgatewaytrails.org/</a>	Connects in with the Gateway Trail running from South Battleground Avenue & Quarry Road to Hwy 85 bridge



Leona Neal Senior Center	Phone Number: (704) 482-3488 Address: 100 T R Harris Drive Shelby, NC 28150 Website: <a href="https://www.nealseniorcenter.org/">https://www.nealseniorcenter.org/</a>	Neal Senior Center offers a variety of opportunities for seniors to be active: indoor fitness equipment and recreational opportunities for members. The outside track/walking area is available to the public.
YMCA - Dover Foundation	Phone Number: (704) 484-9622 Address: 411 Cherryville Road Shelby, NC 28150 Website: <a href="https://www.clevecoymca.org">https://www.clevecoymca.org</a>	Aerobics Center, Fitness Center, Gym, Handball & Racquetball Courts, Indoor Running Track, Outdoor Field, Outdoor Running Track, Pool, Weight Room
YMCA – Kings Mountain	Phone Number: (704) 739-9631 Address: 211 Cleveland Avenue Kings Mountain, NC 28086 Website: <a href="https://www.clevecoymca.org/">https://www.clevecoymca.org/</a>	Aerobics Center, Fitness Center, Gym, Outdoor Field, Outdoor Running Track, Pool, Weight Room, Youth Gym
YMCA - Ruby Hunt	Phone Number: (704) 434-0441 Address: 1322 Patrick Avenue Shelby, NC 28152 Website: <a href="https://www.clevecoymca.org/">https://www.clevecoymca.org/</a>	Aerobics Center, Fitness Center, Gym, Weight Room, Outdoor Pool
<b>Regional Parks</b>		
Crowder's Mountain State Park	Phone Number: (704) 853-5375 Address: 522 Park Office Lane Kings Mountain, NC 28086 Email: <a href="mailto:crowders.mountain@ncparks.gov">crowders.mountain@ncparks.gov</a> Website: : <a href="https://www.ncparks.gov/crowders-mountain-state-park/home">https://www.ncparks.gov/crowders-mountain-state-park/home</a>	Crowder's Mountain State Park has 11 trails, including the Ridgeline Trail that links to Kings Mountain State Park and Kings Mountain National military park.
Kings Mountain State Park	Phone Number: (803) 222-3209 Address: 1277 Park Road Blacksburg, SC 29702 Email: <a href="mailto:kingsmountain@scprt.com">kingsmountain@scprt.com</a> Website: <a href="https://southcarolinaparks.com/kings-mountain">https://southcarolinaparks.com/kings-mountain</a>	Kings Mountain State Park has miles of trails, equestrian facilities, campgrounds, two fishing lakes with boat rentals and the popular Living History Farm.
Kings Mountain National Military Park	Phone Number: (864) 936-7921 Address: 2300 Park Road Blacksburg, SC 29702 Website: <a href="https://www.nps.gov/kimo/index.htm">https://www.nps.gov/kimo/index.htm</a>	Kings Mountain National Military Park visitor center offers an educational movie on the American Revolution, gift shop, museum, and 1.5 mile battlefield trail.
South Mountain State Park	Phone Number: (828) 433-4772 Address: 3001 South Mountain Park Avenue Connelly Springs, NC 28612 Website: <a href="https://www.ncparks.gov/south-mountains-state-park/home">https://www.ncparks.gov/south-mountains-state-park/home</a>	South Mountains State Park features elevations to 3,000 feet, an 80-foot waterfall, mountain streams and more than 40 miles of trails for hikers, equestrians and mountain bikers.

<b>Burns District</b>		
Belwood Track and Playground	Address: 1114 Lawndale Belwood Road Lawndale, NC 28090	Belwood has a walking track, playground, and ballfields.
Casar Park	Address: 137 Deviney Street Casar, NC 28020	Walking track and playground
Fallston Walking Track	Address: Friendship Drive Fallston, NC 28042	Walking track
Kingstown Central Park	Address: Paul Ramseur Drive Kingstown, NC 28150	Walking track, playground, and basketball court
Piedmont Park	Address: Piedmont Drive Lawndale, NC 28090	Walking track, field, and playground
Polkville Park	Address: Park Drive Polkville, NC 28136	Walking track, ballfields, and playground
<b>Crest District</b>		
Boiling Springs Town Park	Address: 1522 Patrick Avenue Shelby, NC 28152	Walking track and playground
Earl Walking Track	Address: 569 Crow Road Shelby, NC 28152	Fenced in walking track and playground
<b>Shelby District</b>		
Hanna Park	Phone Number: (704) 484-6821 Address: 1655 McBrayer Springs Shelby, NC 28150	Walking track, playground, and soccer fields
Holly Oak Park	Phone Number: (704) 484-6824 Address: 809 Holly Oak Road Shelby, NC 28152	Walking trails, playground, fishing, gym, nature garden
Jefferson Park	Address: 1001 Buffalo Street Shelby, NC 28150	2 outdoor basketball courts with a total of 6 goals.
Optimist Park	Address: 1007 Mark Drive Shelby, NC 28152	Softball and football field, playground, and paved sidewalk for walking.
Palmer Park	Address: 498 East Warren Street Shelby, NC 28150	Outdoor basketball court with 4 goals, 9-hole disc-golf course, and walking track
Uptown Court Square	Uptown Shelby	Sidewalks for walking around the square and uptown
<b>Kings Mountain District</b>		
Grover Walking Trail	Address: 311 Maple Avenue Grover, NC 28073	Ballfield and walking track
Deal Park	Address: 211 Cleveland Avenue Kings Mountain, NC 28086	Walking track and grassy area for playing
Rick Murphrey Children's Park	Address: 322 N. Battleground Avenue Kings Mountain, NC 28086	ADA accessible, splash park, ball fields, and outdoor track
Patriots Park	Address: 220 S. Railroad Avenue Kings Mountain, NC 28086	Walking track and splash pad
LG Thombs Walking Track	Address: 200 N. Watterson Street Kings Mountain, NC 28086	Walking track and grassy area in the middle for playing

## Drug Discount Programs

Name	Contact Information	Other
Cleveland County Health Department Pharmacy	Phone Number: (980) 484-5164 Address: 200 South post Road Shelby, NC 28152 Website: <a href="https://www.clevelandcountyhdnc.com/programs_services/pharmacy.php">https://www.clevelandcountyhdnc.com/programs_services/pharmacy.php</a>	The Cleveland County Health Department Pharmacy located at the Cleveland County Public Health Center offers pharmacy services to health department clinic patients, low-income and uninsured Cleveland County residents, Medication Assistance Program enrollees, and Cleveland County Government employees.
Access Meds Cleveland County Health Department Pharmacy	Phone Number: (980) 484-5164 Address: 200 South post Road Shelby, NC 28152 Website: <a href="https://www.clevelandcountyhdnc.com/AccessMedsProgramInformationLink.pdf">https://www.clevelandcountyhdnc.com/AccessMedsProgramInformationLink.pdf</a>	Offer prescriptions at reduced cost to underserved, low-income, uninsured or underinsured Cleveland County residents to improve access to life-saving medications, improving the overall health of county residents and reduce overall county healthcare costs. Eligible patients may fill prescriptions at the Cleveland County Health Department Pharmacy for a \$5 fee per ≤30-day supply if the medication is available on the program limited formulary, or for free if the medication is available through various sample or donation programs. Subject to change due to drug costs and availability
Medication Assistance Program (MAP) Cleveland County Health Department Pharmacy	Phone Number: (980) 484-5164 Address: 200 South post Road Shelby, NC 28152 Website: <a href="https://www.clevelandcountyhdnc.com/programs_services/pharmacy.php">https://www.clevelandcountyhdnc.com/programs_services/pharmacy.php</a>	MAP provides free medications to eligible low-income and uninsured Cleveland County residents through partnership with NC MedAssist, AmeriCares, and various drug manufacturer patient assistance programs. Patients make an appointment with our MAP coordinator and provide necessary documentation to determine eligibility.
CVS Reduced Rx	CVS Pharmacy Store #4202 Address: 1830 West Dixon Boulevard (Hwy 74 and 226)	Download a free Reduced Rx Card and present to CVS

<p>CVS Savings Review</p>	<p>Shelby, NC 28152 Phone Number: (704)482-0336</p> <p>CVS Pharmacy Store #6405 Address: 300 East Grover Street Shelby, NC 28150 Phone Number: (704) 482-4429</p> <p>CVS Pharmacy Store #6407 Address: 1017 Shelby Road Kings Mountain, NC 28086 Phone Number: (704) 739-2571</p> <p>CVS Pharmacy Store #7057 Address: 105 East College Avenue Shelby, NC 28152 Phone Number: (704) 434-6560</p>	<p>pharmacy for discounts on select medications.</p> <p>Free Service. Call or visit the pharmacy team and they will research drug costs and savings options with you.</p> <p>Website: <a href="https://www.cvs.com/pharmacy/">https://www.cvs.com/pharmacy/</a></p> <p>** Please call for pharmacy hours</p>
<p>Good Rx</p>	<p>Website: <a href="https://www.goodrx.com/">https://www.goodrx.com/</a></p>	<p>Accepted at CVS, Walgreens, and Walmart</p>
<p>Walgreens Prescription Savings Club</p>	<p>Walgreens Store #9562 Address: 820 North Dekalb Street Shelby, NC 28150 Phone Number: (704) 482-1784</p> <p>Walgreens Store #10891 Address: 231 East Dixon Boulevard Shelby, NC 28152 Phone Number: (704) 481-8557</p> <p>Walgreens Store #15110 Address: 900 Shelby Road Kings Mountain, NC 28086 Phone Number: (704) 739-2127</p> <p>Walgreens Store #17292 Address: 1170 East Marion Street Shelby, NC 28150 Phone Number: (704) 487-7221</p> <p>Walgreens Store #17863 Address: 601 East Kings Street Kings Mountain, NC 28086 Phone Number: (704) 739-9771</p>	<p>Membership fee: \$20 per year Discounts up to 80% off cash retail prices on thousands of medications, including many preventive and lifestyle prescriptions, even without insurance. Additional discounts are available for immunizations, pet medications, compound medications, nebulizers and diabetic supplies.</p> <p>Website: <a href="https://www.walgreens.com/">https://www.walgreens.com/</a></p> <p>**Please call for pharmacy hours</p>
<p>Walmart \$4 Prescriptions</p>	<p>Address: 705 East Dixon Boulevard Shelby, NC 28152 Phone Number: (704) 484-0021 Website: <a href="https://www.walmart.com/store/1034-shelby-nc">https://www.walmart.com/store/1034-shelby-nc</a></p>	<p>\$4 for a 30-day supply and \$10 for a 90-day supply for a wide range of medications. See full list of qualifying medications at: <a href="https://www.walmart.com/cp/4-prescriptions/1078664">https://www.walmart.com/cp/4-prescriptions/1078664</a></p>

## Transportation Resource Guide

Name	Contact Information	Other
Adult Medicaid	Phone Number: (704) 487-0661 Address: 130 South Post Road Shelby, NC 28150 Website: <a href="https://www.clevelandcounty.com/main/departments/dss_contact_us.php">https://www.clevelandcounty.com/main/departments/dss_contact_us.php</a>	Medicaid is required to assure transportation to medical appointments for all eligible individuals who need and request assistance with transportation. Transportation will be available if the recipient receives a Medicaid covered service provided by a qualified Medicaid provider (enrolled as a NC Medicaid provider) Medicaid only pays for the least expensive means suitable to the recipient's needs. Call Cleveland County Department of Social Services for more information.
Transportation Administration of Cleveland County Inc. (TACC)	Phone Number: (704) 482-6465 Address: 952 Airport Road Shelby, NC 28150 Email: <a href="mailto:shcostner@yahoo.com">shcostner@yahoo.com</a> Website: <a href="https://taccshelbync.com/">https://taccshelbync.com/</a>  Monday-Friday, 7am-3pm	TACC is a non-profit agency that coordinates and provides rural and general public transportation for Cleveland County. To schedule your ride with TACC, please call at least 48 hours in advance. Your return trip will be scheduled to all the time you need. You may check with the driver as to your return pickup time. All vans are wheelchair accessible and have an audio and video surveillance system. Stops are clearly marked with red, yellow, and white bus stop signs posted along city streets. TACC does not accept transportation appointments made over the answering machine. We ask all passengers to be ready at least 1 hour before appointment time to allow for other passengers and allow time for our driver to get you there on time. TACC services Cleveland County residents offering transport to local appointments including appointment to Gastonia, Charlotte, and to the VA in Asheville. All vans are ADA compliant & sanitized daily. *** TACC does not provide emergency medical transportation services. Free service restrictions.
Cleveland County Transit (CCT)	Phone Number: (704) 482-6465 Address: 952 Airport Road Shelby, NC 28150 Email: <a href="mailto:shcostner@yahoo.com">shcostner@yahoo.com</a> Website: <a href="https://taccshelbync.com/cct-2/">https://taccshelbync.com/cct-2/</a>	CCT is a deviated fixed-route system that is set up like a big city bus line operating on a smaller bus. CCT has 33 stops and routes. Free public transportation service.  Monday – Friday from 7am-3pm
REACH	Phone Number: (704) 482-6465 Address: 952 Airport Road Shelby, NC 28150 Email: <a href="mailto:shcostner@yahoo.com">shcostner@yahoo.com</a> Website: <a href="https://taccshelbync.com/reach/">https://taccshelbync.com/reach/</a>	A fixed route system with 9 stops that is set up like a big city bus line operating with a smaller bus.  Monday-Wednesday, Friday from 9am-2:45pm

## Primary Care Resources

Name	Contact Information
Atrium Health	<p>Atrium HealthCare is a nationally recognized leader in shaping health outcomes through innovative research, education and compassionate patient care. Based in Charlotte, NC, Atrium Health is an integrated, nonprofit health system of hospitals and provider practices and seeks to improve health, elevate hope and advance healing.</p> <p><b>Atrium Health Primary Care Cleveland Internal Medicine</b>            807 Schenck Street, Suite 2, Shelby, NC 28150            Hours: Monday-Friday, 8:00 AM – 5:00 PM            980-487-2540</p> <p><b>Atrium Health Primary Care Shelby Family Medicine</b>            1124 North Washington Street, Shelby, NC 28150            Hours: Monday-Friday, 8:00 AM – 5:00 PM            980-487-1148</p> <p><b>Atrium Health Primary Care Shelby Family Medicine-Boiling Springs, NC</b>            708 McBrayer Homestead Road, Shelby, NC 28152            Hours: Monday-Friday, 8:00 AM-5:00 PM            980-487-2090</p> <p><b>Atrium Health Primary Care Kings Mountain Internal Medicine</b>            2202 Carolinas Place, Suite 100, Kings Mountain, NC 28086            Hours: Monday-Friday, 8:00 AM – 5:00 PM            980-487-2290</p> <p>More Information: <a href="https://atriumhealth.org">https://atriumhealth.org</a>            Financial Assistance: <a href="https://atriumhealthy.org/for-patients-visitors/financial-assistance">https://atriumhealthy.org/for-patients-visitors/financial-assistance</a></p>
Caromont Health	<p>Caromont Health is a regional health system providing medical and wellness services. The system is anchored by CaroMont Regional Medical Center – a 435-bed not-for-profit hospital located in Gastonia, NC.</p> <p><b>Caromont Family Medicine-Shelby</b>            520 North DeKalb Street, Shelby, NC 28150            Hours: Monday-Thursday 8:00AM – 6:00 PM; Friday 8:00 AM-5:00 PM            704-484-4001</p> <p><b>Caromont Family Medicine-Kings Mountain</b>            214 North Cleveland Avenue, Kings Mountain, NC 28086            Hours: Monday-Thursday 8:00 AM – 5:00 PM; Friday 8:00 AM-4:00 PM;            Closed Daily 12:00 Noon-1:00 PM for lunch            704-730-1228</p> <p>More Information: <a href="https://caromonthhealth.org">https://caromonthhealth.org</a>            Financial Assistance: <a href="https://www.caromonthhealth.org/Patients-Visitors/Patient-Information/Billing-Information/Financial-assistance.aspx">https://www.caromonthhealth.org/Patients-Visitors/Patient-Information/Billing-Information/Financial-assistance.aspx</a></p>

Kintegra Health	<p>Effective July 5, 2022, the CLECO Primary Care Practices transitioned to become part of Kintegra Health, a network of family medicine physicians, pediatricians, advanced practice providers, dentists, psychologists and behavioral health providers caring for patients in 25 practices located throughout nine counties.</p> <p><b>Kintegra Family Medicine-Shelby</b>        808 Schenck Street, Shelby, NC 28150        Hours: Monday-Friday 8:00 AM-5:00 PM, Closed Daily 12:00 Noon-1:00 PM        Appointments: 704-874-3316        Phone: 704-480-9344</p> <p><b>Kintegra Family Medicine-Kings Mountain WEST</b>        812 West King Street, Kings Mountain, NC 28086        Hours: Monday-Friday, 8:00 AM-5:00 PM, Closed Daily 12:00 Noon-1:00 PM        Appointments: 704-874-3316        Phone: 704-739-5456</p> <p><b>Kintegra Family Medicine-Fallston</b>        5009 Fallston Road, Lawndale, NC 28090        Hours: Monday-Friday, 8:00 AM-5:00 PM, Closed Daily 12:00 Noon-1:00 PM        Appointments: 704-874-3316        Phone: 704-538-5803</p> <p>More Information: <a href="https://www.kintegra.org">https://www.kintegra.org</a></p>
Urgent Care	<p><b>Atrium Health Urgent Care-Shelby</b>        1010 East Dixon Boulevard, Shelby, NC 28150        Hours: 8:00 AM – 8:00 PM, every day        980-487-2900</p> <p><b>NextCare Urgent Care-Shelby</b>        419 Earl Road, Shelby, NC 28150        Hours: Monday-Friday, 8:00 AM-8:00 PM;        Saturday &amp; Sunday 8:00 AM-4:00 PM        704-481-0555</p> <p><b>MinuteClinic-CVS Pharmacy #7507</b>        105 East College Avenue, Boiling Springs, NC 28017        Hours: Monday-Tuesday, 8:30 AM-4:30 PM        Thursday-Friday, 8:30 AM – 4:30 PM        704-434-6560</p>

## Private Providers

Name	Contact Information
Jones Family Practice	Phone Number: (704) 487-5228 Address: 113 East Grover Street Shelby, NC 28150 Website: <a href="https://www.jfpshelby.com">https://www.jfpshelby.com</a> Hours: Monday-Thursday, 8:30 AM-5:00 PM Friday, 8:30 AM- 12:30 PM
Shelby Medical Associates	Phone Number: (704) 482-1482 Address: 711 North Dekalb Street Shelby, NC 28150 Website: <a href="https://shelbymedicalassoc.com">https://shelbymedicalassoc.com</a> Hours: Monday-Thursday, 8:00 AM-5:00 PM Friday, 8:00 AM – 12:00 PM
Carley Family Care	Phone Number: (704) 734-4550 Address: 827 East King Street Kings Mountain, NC 28086 Website: <a href="https://www.carleyfamilycare.com/">https://www.carleyfamilycare.com/</a> Hours: Monday-Friday, 8:30 AM-5:30 PM
Carolina Family Care	Phone Number: (704) 734-0001 Address: 707 West King Street Kings Mountain, NC 28086 Website: <a href="http://carolinafamilycare.com/">http://carolinafamilycare.com/</a> Hours: Monday-Friday, 8:30 AM-5:30 PM
King Clinic & Urgent Care PLLC	Phone Number: (704) 730-8461 Address: 407 West King Street Kings Mountain, NC 28086 Website: <a href="http://urgentcarelocations.org/">http://urgentcarelocations.org/</a> Hours: Monday-Friday, 8:30 AM – 5:00 PM

***This listing of primary care providers is formatted to provide information about resources in Cleveland County, North Carolina. While this list may not be inclusive of all providers, it represents a baseline or beginning point for individuals who are seeking care. The inclusion of any provider in this guide does not imply an endorsement or recommendation nor does exclusion imply disapproval. Readers should make their own decisions regarding matters relating to individual health needs.***